

## 2,000 Year-Old Olive Oil Production Artifact Discovered by Archaeologists

New York, NY

Extra virgin olive oil is a high-quality product that can be found in virtually any grocery store. However, do you know just how long people have been making olive oil? Well, for example, a 2,000-year-old olive oil production artifact was found after excavations in the Gethsemane area of Jerusalem. Interestingly, Gethsemane comes from the Aramaic word *Gat Shemanim*, meaning “olive press”, which indicated to archaeologists the presence of the ancient oil mill.

Importantly, this discovery was the first of its kind. Before this discovery, archaeologists had been able to identify coins from this specific area. These archaeologists struck gold by finding this ancient olive oil artifact.

Overall, this story goes to show the rich history of olive oil production. After all, olive oil was first used in cooking at least as long ago as the 5th or 4th century BCE! After thousands of years, this timeless product remains at the center of the lives of many.

Be sure to visit [flavor-your-life.com](http://flavor-your-life.com) for more information on extra virgin olive oil!

**Flavor Your Life** aims to educate North American consumers about authentic Extra Virgin Olive Oil. We are debunking misconceptions while empowering consumers — and sharing the delicious culinary culture that’s been growing for untold generations.

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